SM Aft KURS Test (2 Subsets)

GMT	Crew	Activity
06:00-06:10		Morning inspection
06:10-06:40	FE-1	Post-sleep
06:10-06:25	CDR, FE-2	Post-sleep
06:25-06:35	FE-2	? ? -8: setup
00.25-00.35	CDR	Calf volume measurement
06:35-06:50		Body mass measurement
06:35-06:55	FE-2	Post-sleep
06:40-06:50	FE-1	Calf volume measurement
06:50-07:05	CDR	Post-sleep
	FE-1	Body mass measurement
06:55-07:05	FE-2	Calf volume measurement
07:05-07:20	L-Z	Body mass measurement
07:05-08:00	CDR, FE-1	BREAKFAST
07:20-07:30	FE-2	? ? -8: closeout ops
07:30-08:00	FE-2	BREAKFAST
08:00-08:15		Daily planning conference (S-band)
08:15-08:35	FE-2	BREAKFAST
09:15-09:30	FE-1	BSTC: gas module activation
09:30-10:00	L-1	BSTC: payload activation
09:50-10:00	CDR	Off-day LAB P/L status check
09:55–10:55	FE-2	Physical exercise (TVIS-1)
10:10–10:25	CDR	Private medical conference (VHF)
10:20-10:25	FE-1	BSTC: experiment init, part 1
11:00–12:30	L-1	Physical exercise (RED)
11:10–11:40	FE-2	Familiarization with ISS
11:30–12:30	CDR	Physical exercise (TVIS-1)
11:40–11:55	FE-2	Private medical conference (VHF)
11:55–12:25	F E - Z	Familiarization with ISS
12:30-13:30		LUNCH
13:30–15:30	CDR, FE-2	Stowage and IMS tracking of deorbit items in Progress ? 1-8
13:30–14:30		Familiarization with ISS
14:35–14:50	FE-1	Private medical conference (S-band)
14:50–15:30		IMS file prep
15:30–16:10		Maintenance of ???
15:30–17:00	CDR	Physical exercise (VELO + RED) - 1
16:45–18:15	FE-2	
17:00–18:00	CDR	Familiarization with ISS
17:15–18:15	FE-1	Physical exercise (TVIS)
18:15–18:55		Daily plan review

18:55–19:10	Daily planning conference (S-band)
19:10–19:30	Report prep
19:30–20:00	DINNER
20:00–20:30	Daily food prep
20:30–21:30	Pre-sleep
21:30-06:00	SLEEP

Note:

See OSTP for references to US activities.

Task List activity for CDR: URAGAN Earth observations

Task List activity for CDR: DIATOMEA ocean observations

Task List activity for FE-2: KROMKA

End of radiogram